



eden
SKIN & BODY INSTITUTE

CHEMICAL PEELS

Please read through all of the peel contraindications and suitability information below before scheduling. To achieve the best results with minimal discomfort and irritation, certain precautions need to be taken.

PEEL CONTRAINDICATIONS

You may not use any of the following products 2 weeks prior to a peel:

- ⊗ *Alpha Hydroxy Acids*
- ⊗ *Retin A/Renova or any other topical prescriptions*
- ⊗ *Oral skin medications*
- ⊗ *Benzyl Peroxide*
- ⊗ *Decongestants*
- ⊗ *Antihistamines*
- ⊗ *Depilatory Wax*

* You may resume the use of the above products 2 weeks post peel

YOU ARE NOT A CANDIDATE FOR A PEEL IF YOU ARE:

- ⊗ *Pregnant/Nursing*
- ⊗ *Have inflamed skin (Acne/Rosacea)*
- ⊗ *Have open cuts/ lesions on the skin*
- ⊗ *Have bacterial or viral diseases of the skin*
- ⊗ *Allergic to Milk (Lactic Acid Peel)*
- ⊗ *Allergic to Aspirin (Salicylic Acid Peel)*
- ⊗ *Allergic to Citrus (Citrus C Peel)*

POST PEEL INSTRUCTIONS

- ⊗ *Wash facial area gently w/recommended cleanser*
- ⊗ *Keep skin moisturized*
- ⊗ *Use Sunscreen with at least 30 SPF*

FOR 24 HOURS AVOID:

Sun exposure
Jacuzzi's
Hot Tubs
Sauna's
Steam Rooms
Strenuous Activities
Exercise

FOR 48 HOURS AVOID:

Picking/scratching
Masks
Hair Treatments

RELEASE

By signing this, I recognize that there are inherent risks associated with receiving Chemical Peels at Eden Skin And Body Institute. (Eden). I have read the above list of contraindications and post peel instructions and agree that I will not be using any products mentioned as contraindicated 2 weeks prior to or after the peel. I also agree to follow the post peel instructions and inform Eden of any adverse reactions.

I release Eden and it's associates from any claims, liabilities or damages for injuries which I may suffer directly or indirectly from receiving Chemical Peels at Eden.

Signature: _____ Date: _____