CONTRAINDICATIONS AND EXCLUSION CRITERIA FOR IPL APPLICATOR TREATMENTS

CONTRAINDICATIONS - Please initial that you don’t have any of these conditions.

___ Superficial metal or other implants in the treatment area.
___ Current or history of cancer, or current condition of any type of cancer, or pre-malignant moles.

Pregnancy and nursing.
___ Disease which may be stimulated by light at the wavelengths used, such as history of Systemic Lupus Erythematosus, Porphyria, and Epilepsy.
___ Patients with history of disease stimulated by heat, such as recurrent Herpes Simplex in the treatment area, may be treated only following a prophylactic regimen.
___ Poorly controlled endocrine disorders, such as Diabetes or Polycystic Ovary Syndrome.
___ Any active condition in the treatment area, such as sores, Psoriasis, eczema, and rash.
___ History of skin disorders, keloids, abnormal wound healing, as well as very dry and fragile skin.
___ Use of medications, herbs, food supplements, and vitamins known to induce photosensitivity to light exposure at the wavelengths used, such as Isotretinoin (Accutane) within the last six months, Tetracyclines, or St. John’s Wort within the last two weeks.
___ Any surgical procedure in the treatment area within the last three months or before complete healing.
___ Treating over tattoo or permanent makeup
___ Excessively tanned skin from sun, tanning beds or tanning creams within the last two weeks.
___ Vitiligo. (Health Canada & CE)

___ I haven’t undergone facial laser resurfacing and deep chemical peeling within the last month.
___ I have not had botox injections, natural fillers or implants in the last month.

Signature: ____________________________ Date: ____________________________

Print Name: ____________________________ Witness: ____________________________
INSTRUCTIONS

This Informed Consent Booklet has been prepared by Jane Leigh Eden to help inform you about the potential benefits and associated risks of, as well as the alternatives to, Intense Pulse Light (IPL) treatments.

During your consultation and medical assessment, Jane Leigh Eden will have reviewed with you the potential benefits and associated risks of, as well as the alternatives to, the IPL treatments that are outlined in this booklet. They will have also provided you with answers to any questions you may have had about the procedure.

It is important that you carefully read the information contained in this booklet. Only when all of your questions and concerns about the procedures have been addressed should you then initiate each page, indicating that you have fully read and understood all the items discussed in this booklet. When you reach the end of the booklet, please sign the consent for the procedure as proposed by Jane Leigh Eden. If you have any remaining questions or concerns about the potential benefits and associated risks of, or alternatives to, IPL treatment, do not initial any pages or sign the consent without first speaking with Jane Leigh Eden.

INTRODUCTION

IPL treatment are proven, advanced skin care procedures. Published studies indicate that IPL treatment can significantly improve the appearance of fine lines, wrinkles, pores size, textural irregularities, and vascular and pigmentation blemishes in over 80% of cases; clients report a noticeable improvement in the cosmetic appearance of their skin during and at the completion of their treatment program.

IPL treatment direct IPL energy to the skin in targeted treatment areas. This energy passes through the outer surface of the skin, called the epidermis, and penetrates into the lower layer of the skin, called dermis. Once in the dermis, the IPL energy stimulates a cell called a fibroblast to produce new collagen. Over several treatments, this new collagen softens the appearance of wrinkles, outsized pores, and textural irregularities. The treatment utilizes special filters to control the wavelength of the IPL energy to improve the appearance of rosacea, sun-damaged skin with pigmentation abnormalities, and vascular blemishes such as spider veins.

IPL treatment are simple office procedures performed by a physician and/or a trained clinical treatment provider. They require no needles, medications, or surgery. When delivering the IPL energy to the skin, it is important to cool the skin to avoid injury. A cooling crystal is integrated in the IPL applicator to assist with patient comfort and safety.

Following each IPL treatment, there may be a minor degree of redness and puffiness to the skin, with some tingling or discomfort that usually disappears in as little as 1 hour or up to 2 days. You may apply makeup immediately following treatment and can return to your regular daily activities with no downtime. A comprehensive skin care program will be recommended for you to use in conjunction with your IPL treatments. It is highly recommended you discuss a maintenance program with Jane Leigh Eden and begin a home skin care program to prevent potential complications and to optimize and maintain the cosmetic improvements you obtain through your IPL treatments.

Before beginning an IPL treatment program, you must first attend an assessment and information consultation with a treatment professional, during which your skin type, facial cosmetic concerns, expectations, and goals will be assessed and discussed. The treatment professional will work with you to select the best treatment or combination of treatments for your skin type, facial cosmetic concerns, expectations, and aesthetic goals. The estimated duration and cost of each session or series of sessions will also be provided to you during this time. If you are a qualified candidate, you may schedule your IPL treatments and test spots at the time of this initial consultation.

POTENTIAL BENEFITS OF IPL TREATMENTS

The primary potential benefits are an improvement in the appearance of fine wrinkles, pore size, textural irregularities and vascular and pigmentation blemishes as a result of aging or sun-damaged skin.

Client Initials: ___________________________ Date: ___________________________
RISKS ASSOCIATED WITH IPL TREATMENTS

Although the vast majority of IPL treatment clients never experience any complications, you should discuss each of them with your treatment provider to ensure you fully understand the alternatives, risks, and average outcomes of IPL treatments.

IPL treatment will leave your skin photosensitized for 48 hours after each treatment. You must avoid sunlight. Failure to do so will result in significant redness and swelling, and may increase the rare risk of disfiguring, and complications like blisters, scarring, or pigment changes.

Discomfort:

IPL treatments are very well-tolerated office treatments. Patients comfort is optimized with the cooling crystal that is integrated in the IPL applicator to assist with patient comfort. Topical anesthetic cream may also be used. You may experience a minor and tolerable degree of burning and/or a tingling sensation with each treatment.

Skin Wound:

It is exceedingly rare for IPL treatments to cause a blister or skin wound. However, this is more of a risk in darker or tanned skin types. If a blister or skin wound develops, it may take 5 to 10 days to heal and, in extremely rare instances, may lead to a noticeable whitening or darkening of the skin or, even more rarely, a scar. Blister of skin wounds are much more common if you do not follow the recommended avoidance of sunlight, self-tanners, UV light exposure, and fluorescent light exposure post-treatment.

Scarring:

Scarring occur in less than 0.1% of patients. If you have developed a wound and a scar, the scar may become flat and white (hypotropic) or large and red (hypertrophic), or it may extend beyond the margins of the injury (keloid). Subsequent treatment or surgery may be required to improve the appearance of the scar. In some cases, the scar may be permanent. Failure to follow pre-and-post-treatments care instructions may increase the likelihood of the skin wound or scar.

Pigment Change:

With the IPL energy used in IPL treatments, there is a small risk (less than one per cent) of temporary hyperpigmentation (increase pigment or brown discoloration) or hypopigmentation (whitening of the skin). Usually these pigment effects are temporary and resolve over several weeks or months. Permanent hyperpigmentation or hypopigmentation is very rare and may occur in less than one per cent of cases. The majority of IPL patients will receive skin care products. The use of these medical skin care is important to obtain optimal results.

Tanning:

It is essential that you do not tan your skin or use tanning creams prior to your IPL treatments, as the pigment in your skin may absorb some of the IPL energy, increasing your risk of pigment changes or skin wounds. If you have tanned skin, you should not have IPL treatment until the tan has faded appreciably (at least 6 weeks). Avoid tanning for 2 weeks post-treatment. If you are using artificial tanning creams, allow these to fade for 2 to 3 weeks prior to beginning treatment.

Bruising:

It is exceedingly uncommon to have any skin bruising following IPL treatments. If bruising occurs, it can be camouflaged immediately using makeup and will usually resolve in eight to ten days. As the bruising fades, there may be a rust-brown discoloration of the skin (hyperpigmentation) that may require a medical cream or ointment to fully address - consult your treatment provider.

Infection:

Because IPL treatments involve no actual cutting, surgery, or skin penetration, infection is exceedingly rare.

Excessive Redness and Swelling:

Rarely, a minor degree of redness and/or puffiness of the skin may follow treatment, usually lasting one to two hours. This may be easily camouflaged with makeup. In rare instances, this redness and swelling may persist for 1 to 2 days. Jane Leigh Eden will assess and prescribe the appropriate treatment.
CONSENT FOR PROCEDURE AND/OR TREATMENT

I have received the following information/informed consent booklet for IPL Treatments:

1. I hereby authorize Jane Leigh Eden and/or such assistants as may be selected to perform the following procedure and/or treatment:

2. I recognize that during the course of the procedure/treatment unforeseen conditions may necessitate different procedures than those above. I therefore authorize the above physician and/or assistants or designees to perform such other procedures that are in the exercise of his or her professional judgment necessary and desirable. The authority granted under this paragraph shall include all conditions that require treatment and are not known to my physician at the time the procedure is begun.

3. As part of the requirements of Eden Skin & Body Institute, my chart may be subject to a peer review for quality control.

4. I acknowledge that no guarantee has been given by anyone as to the results that may be obtained: ______________________________

5. I consent to the photographing or televising of the procedure(s) to be performed, including appropriate portions of my body, for medical, scientific, or educational purposes, provided they do not reveal my identity. These photographs and videos may be used for medical meetings, advertising, or any promotional or public relations purposes.

6. For purposes of advancing medical education, I consent to the admittance of observers to the treatment room.

7. I understand that the signature of the witness (if a non-physician) on this document indicates only that the signing of my name has been observed and not that the witness has necessarily provided information regarding the procedure.

8. IT HAS BEEN EXPLAINED TO ME BY MY PHYSICIAN AND/OR ASSISTANTS IN A WAY THAT I UNDERSTAND:

   i. THE ABOVE TREATMENT OR PROCEDURE TO BE UNDERTAKEN
   ii. THERE MAY BE ALTERNATIVE PROCEDURES OR METHODS OF TREATMENT
   iii. THERE ARE RISKS TO THE PROCEDURE/TREATMENT PROPOSED
   iv. ANY QUESTIONS I MAY HAVE ASKED HAVE BEEN ANSWERED TO MY SATISFACTION

I CONSENT TO THE PROCEDURE AND/OR TREATMENT AND THE ABOVE LISTED ITEMS (1-8).
I AM SATISFIED WITH THE EXPLANATION.

___________________________________________________
DATE: ___________________________________________

___________________________________________________
WITNESS: _______________________________________

Patient or Person Authorized to Sign for Patient

Please Print Name Here
INTRODUCTION

The post-care instruction booklet has been created to help prepare you for care after your treatment in the clinic is complete. Following these instructions will maximize your aesthetic outcome. The booklet will also provide you with a few of the post-procedural warning signs that may herald a complication. As you discovered from our informed consent booklet and your discussion with Jane Leigh Eden, most potential complications tend to be minor and can be effectively managed if we are notified promptly. Please read this booklet carefully, initial each page, and sign the last page to indicate you have read and fully understood its contents. If you do not understand any of the items in the post-care instruction booklet, please do not hesitate to call the clinic and speak with Jane Leigh Eden.

CONTACT JANE LEIGH EDEN

Office: 704 900-5420

YOUR PROCEDURE

The treatment you have selected is Venus Versa™ IPL for skin rejuvenation, pigmentation, vascular lesions, acne, and hair removal. (Please highlight the treatment(s) of your choice.)

POST-PROCEDURAL CARE: DAY 1-7

The healing time for any given treatment varies between different clients. The following represents the general recovery phases you might expect. Individual clients may experience variations from this course.

**Pigment IPL Treatments:**

Browning or darkening of the skin pigment, and purplish or black tints to a dark pigment, as well as crusting of the pigmented area over a few days, may all occur as part of normal post-treatment healing. Crusting will flake off, and while erythema and edema may also appear, these symptoms will resolve in 3 to 7 days.

**Vascular Lesion IPL Treatments:**

Blanching, greying, or a deep purple tinting or blackening of the vessel may occur over the course of a few days as the damaged tissue will be broken down and absorbed. This may last approximately 3 to 7 days.

**Swelling/Discomfort/Redness:**

Significant swelling and redness may occur following your procedure for up to 24 – 48 hours. It is not uncommon for patients to experience swelling in the under-eye area for the first 1 to 2 days post-treatment. This swelling will subside. You may also experience some redness and slight warmth emanating from the treatment area for the first 24 hours post-treatment, akin to a mild sunburn. This is a normal part of your skin’s post-treatment healing response. However, excessive or severe pain is unusual; if this occurs, immediately notify the clinic.

**Activity:**

Post-treatment discomfort is mild, and you may immediately return to your regular activities. It is advised that you avoid hot baths, saunas, Jacuzzis, and pools for the first 2 days following treatment, as bacteria found in these environments could cause an infection. It is best to avoid applying ice or cooling compresses to the treated area, as the heat emanating from the skin is the body’s natural healing response. However, if you are experiencing extreme heat or discomfort, you may use cold compresses to soothe the area.

**Moisturizer:**

Moisturizer may be applied 24 hours after each treatment. Moisturizer should then be applied regularly throughout the course of your treatment program.

Client Initials: ______________________  Date: _______________
**Make-Up:**

After 24 hours, most patients are able to apply makeup to hide the pinkness of the skin. It is important that you remove all makeup that is applied to the skin at night. Do not sleep with makeup on the treated area.

**Avoiding the Sun:**

Sun avoidance should become a permanent component of your long-term skin care program. Always use a broad-spectrum sunscreen of SPF 30 or greater. Sun exposure, tanning beds, and artificial sunless tanning lotions should be avoided in the treated areas throughout the course of your treatment program.

**Long-Term Skin Care:**

In addition to sun avoidance, we suggest all patients prioritize long-term skin care to optimize their rejuvenated post-treatment appearance. We offer a program for your long-term facial skin maintenance, featuring state-of-the-art rejuvenating creams that are only available and administered by our medical team.

**WARNING SIGNS**

The following are some of the symptoms that should alert you to the possibility of an impending or existing complication. Should you experience any of the following symptoms, contact the clinic immediately.

**Infection:**

Infection may be present if you notice: (i) Increased (rather than decreasing) facial swelling after the first 24-36 hours. (ii) Redness spreading beyond the area of resurfacing, that is warm and tender to touch.
ACKNOWLEDGMENT AND RELEASE

I have had an opportunity to review the Venus Versa™ IPL Post-Procedural Care Instruction Booklet. I understand the items it contains and have initialed each page. I have been given an opportunity to ask any questions regarding these instructions and have had these questions answered to my satisfaction.

I understand that my cosmetic outcome may be compromised or a complication may ensue by:

1. Failure to attend any scheduled post-procedural visit.
2. Failure to follow post-procedural care instructions.
3. Failures to report symptoms or signs that are unusual or concerning.

___________________________________________________
Patient or Person Authorized to Sign for Patient

___________________________________________________
Please Print Name Here

DATE: ___________________________________________ WITNESS: _________________________________________