



DESCRIPTION OF PROCEDURE

The Microneedling treatment promotes skin repair by creating micro injuries to trigger new collagen synthesis without the risk of scarring, resulting in smoother, firmer, and more youthful looking skin. Microneedling treatments are safe and precise, using a sterile needlehead throughout the chosen area during the 30-60 minute treatment.

RISKS

Following the Microneedling treatment, the skin may show erythema (redness), as well as possible tightness and mild sensitivity. Such side effects should diminish within the following 24 hours, with little evidence of the procedure after 3 days.

CONTRAINDICATIONS

Contraindications include: keloids or raised scarring; eczema, psoriasis, actenic keratosis, herpes, diabetes, and/or other chronic conditions; warts, raised moles or lesions. Do not get this treatment if you have: scleroderma, collagen vascular disease, or cardiac abnormalities; rosacea or blood clotting; active bacterial or fungal infections; a suppressed immune system; recent scars (less than 6 months old); or if you have used facial rollers in the last 2 - 4 weeks. Eden Skin and Body Institute does not recommend this treatment for patients who are pregnant or nursing.

PATIENT CONSENT

My Microneedling treatment has been personally described to me by **Jane Leigh Eden**.

The following points of information, among others, have been specifically discussed and made clear and I have had the opportunity to ask any questions concerning this information. I agree that:

1. I, _____, understand that a needling device will be used to treat skin tightening, acne scars, wrinkles, or lifting and firming of the skin. I have been examined by my physician and have been cleared for this procedure.
2. Any and all follow-up treatment needs to be schedules with **Jane Leigh Eden** to determine if additional treatments are necessary.
3. I understand that most patients look as though they have moderate to severe sunburn and my skin may feel warmer and tighter than usual. Most patients usually recover within 24 hours or less. Because the device may penetrate the skin, there can be a risk of infection. If infection occurs, a follow up appointment will be required for further treatment.
4. This treatment may not be performed directly on any of the following conditions. I have disclosed any of the health concerns that apply to me: open sores or lesions; skin cancer; broken or irritated skin, including conditions such as hives or dermatitis; any stage of melanoma; rosacea; raised surface; eczema; active acne; or any type of skin infections.
5. **I AGREE TO ALL OF THE ABOVE TO HAVE THIS TREATMENT PERFORMED ON ME AND WILL FOLLOW ALL PRESCRIBED DIRECTIONS REGARDING MICRONEEDLING CARE.**

I certify that I have read and fully understand the above consent, that explanations have been made, and that the skincare professional has answered all of my questions. Please contact **Jane Leigh Eden** immediately by phone or email if you have any complications after your treatment.

Patient or Person Authorized to Sign for Patient

Please Print Name Here

DATE: _____

WITNESS: _____



INTRODUCTION

The post-care instruction form has been created to help prepare you for care after your treatment in the clinic is complete. Following these instructions will maximize your aesthetic outcome. As you discovered from your Microneedling Consent Form and your discussion with **Jane Leigh Eden** most potential complications tend to be minor and can be effectively managed if we are notified promptly. If you do not understand any of the items in the post-care instruction form please do not hesitate to call the clinic and speak with **Jane Leigh Eden**.

CONTACT JANE LEIGH EDEN

Office: 704 900-5420

POST PROCEDURE: DAY 1 - 3

The healing time for any given treatment varies between different clients. The following represents the general recovery phases you might expect. Individual clients may experience variations from this course. On Day 1, the amount of redness on your skin will depend on the area of treatment and the penetration depth of the needles. On Day 2, the redness will reduce to the appearance of a moderate sunburn but may show more swelling. On Day 3, your skin may still have some lingering redness if it has not yet returned to normal color. Swelling will be minimal.

SKIN CARE CHECKLIST

Cleanse: To cleanse your face, wash your hands, then wash the treated area using a soothing cleanser or facial wash for the following 48 hours. Dry gently.

Soothe: Eden Skin and Body Institute recommends that you use copper-based skincare post-treatment to utilize the healing and sterilization benefits of the mineral properties. You may also use resveratrol-based products to soothe the treated area and reduce irritation.

Hydrate: Post-treatment, use hydraulic acid to hydrate your skin if it feels drier than normal.

Make-Up: Eden Skin and Body Institute does not recommend that you use make-up for at least 12 hours after the Microneedling treatment. Do not use applicators that may not be sterile.

Protect: Do not directly expose your skin to the sun for at 3-5 days post-treatment nor apply chemical sunscreen for the following 24 hours. Minimize sun exposure and apply a practitioner-approved sunscreen as needed.

CONSENT AND RELEASE

I have had an opportunity to review the (Microneedling Post-Procedural Care Form. I understand the items it contains. I have been given an opportunity to ask any questions regarding these instructions and have had these questions answered to my satisfaction.

Patient or Person Authorized to Sign for Patient

Please Print Name Here

DATE: _____

WITNESS: _____